



WEEKLY MEETINGS

CLUB ADMINISTRATION



First Weekly meeting on 24th May

JOINT MEETING WITH ALL KUCHING ROTARY CLUBS

Date: 15th October
Venue: Hotel 55



AGM

Date: 27th November



President Chong Kah Keng (left) at the AGM. Standing behind him are the members of the AGM. The AGM was held at the Hotel 55, Kuching. The AGM was held on 27th November 2017.

BIRTHDAYS



BIRTHDAYS



ANNIVERSARIES



30TH ANNIVERSARY OF RCKC

Date: 23rd December
Venue: Sarawak Club



The Rotary Club of Kuching Central celebrated its 30th Anniversary on the 23rd of December 2016 at the Sarawak Club. All members and family members were dressed in the whites to mark the occasion. The club's collection of memorabilia over the years was displayed, and all members were asked to say a few words. The 7 chartered members who are still with the club, namely PP Abdul Chahy Lak Ching, PP Peh Guan Teck, PP Frankie Yang, PP Dr Samuel Kiyul, PP Sim Yoke Hoo, PP KQ Wong (and PEG H. Adrie Satrio who was away) were presented with special commemorative gifts.

30TH CLUB ANNIVERSARY

MOTHER'S DAY

10th May



FATHER'S DAY

17th June



MOONCAKE FESTIVAL

Date: 10th September

Venue: IPP Ng Yow Hoo's residence



It was a big Rotary family affair with many family members in attendance to play with the lanterns generously sponsored by Mr. Michael Kuan. Also present were several visiting Rotarians from District 3210 as well as PDC Leslie Salahuddin of District 3200 who were in town for the District Strategic Planning Workshop and District Membership & Public Image Seminar for the Sarawak region.

HARI RAYA

Communitarily, Hari Raya was celebrated twice in the Rotary Year 2016-17.



CHINESE NEW YEAR

President Clarence had an open house for Chinese New Year on 1st February and all Rotary club and family were invited to attend the fellowship.



DG MICHAEL YEE'S OFFICIAL VISIT TO RCKC

Date: 8th - 11th September



Members of RCI Kuching Central, RCI Kuching, and RCI Kuching South were on hand to welcome District Governor Michael Yee to Kuching.

CLUB ASSEMBLY



DG Michael Yee addressed the installation of RCI from Khuan addition to the reports of the various service chairs. He offered valuable advice and insight on how to move forward towards the year's goals.

FELLOWSHIP LUNCH AT SARAWAK CLUB



LAUNCH OF INTERACT GARDEN

Date: 8th September

DR Michael Yee officiated the launch of the Interact Garden at SMK Bandar Kuching No.1



MEETING THE INTERACTORS AND ROTARACTORS

Date: 9th September
Venue: Swinburne University

He also met the interactors and Rotaractors from the various clubs based in Kuching. They briefed him on their completed and planned projects, and received excellent input and suggestions.



DISTRICT STRATEGIC PLANNING WORKSHOP

Date: 10th September
Venue: Watufront Hotel



CG Michael Yee's official well-attended with the District Strategic Planning workshop where he guided the leaders from the Rotary clubs of Sarawak on various strategies and methods on how to lead the club in better ways.



APPRECIATION DINNER

Date: 4th January
Venue: Bli Bli Bli



President Clarence Yip provided a special dinner to convey his appreciation for the members' and sponsors' support thus far.



APPRECIATION DINNER





In memory of P.P. Joseph Chair of HE KULAI



THANK YOU TO OUR SELFIE/WEFIE QUEEN
PAULINE PUI, SPOUSE OF PP FRANKIE ONG



INDUCTION OF NEW MEMBERS

In 2016-17, a total of 3 new members joined the Rotary Club of Kuching Central, bringing the total membership to 47 members.

1. Tiong Khai was introduced to the club by PP Ng Yaw Hua and was officially inducted on the 8th of September 2016, with PP Kho Ping as his mentor. He is married to Choo Hui Ming and has two children, Kara and Kavi.
2. Lim Terk Zhi at 28 years old became the youngest member when he joined the club on 14th January 2017. He was introduced by Rtn. Andrea Chan and his Rotary mentor is PP Leslie Phuan.
3. On the 26th of February, Lim Terk Chyang became the 47th member of RCKC. Rtn. Michael Kuan was his introducer, while PP Louis Yong became his Rotary mentor. His charming spouse is Theresa Ching, and they have two young children, Aidan and Chloe.





DISTRICT MEMBERSHIP AND PUBLIC IMAGE SEMINAR

FOR SARAWAK AND
BRUNEI DARUSSALAM



This seminar was hosted by RCKC on the 10th of September at the Waterfront Hotel and was attended by 40 Rotarians from all over Sarawak and Brunei. Distinguished speakers included PDG Leslie Salehuddin of District 3300, PDG Andre Suharto, DG Michael Yee, PP Khushroo Dastur, PP Elsie Chua, and more, as they discussed how we could improve membership, and boost the image of Rotary.



FOUNDATION

PP Dr. Leonard Ng was recognized as a Major Donor on the 4th of November. District Governor Michael Yee presented the Major Donor pin to him, together with the jewel for his charming spouse Geraldine.

AO Mike Poon also received his PFAA recognition along with Treasurer Clarence and his wife & family.



2016-17 DISTRICT ROTARY FOUNDATION SEMINAR (SARAWAK)

Date: 4th November 2016
Venue: M Hotel



All sort of participants from the various districts paying attention to the most important part of the book.

The 2016-17 District Rotary Foundation Seminar (Sarawak) was hosted by the Rotary Club of Kuching with approximately 30 participants from the various clubs in Sarawak. Participants learned more about how contributions to the Rotary Foundation were put to use, and all about Global Grants.

SOUND OF MUSIC 2.0

Date: 27th August

Venue: Borneo Convention Centre Kuching

The club was a part of the Sound of Music 2.0 charity concert organised by Plaza Merdeka Holdings and the Sarawak Heart Foundation which was headlined by the South Norfolk Youth Symphonic Band from the UK, headed by musical director Mike Bosty. Other performers for the glittering night included sensational Kreen opera singer Sungeong Choi and Sarawak's own award-winning violinist Nisa Adlina Taibie. Sungeong Choi, the award-winning vocal virtuoso orchestra from SM Sains Kuching, also performed in separate units and the award-winning St Joseph's School Matching Band was also there to start things off. The funds raised will benefit lower income individuals requiring cardiovascular procedures in Sarawak.



Club members pose for the arrival of the South Norfolk Youth Symphonic Band on 22nd August



A special preview night at Plaza Merdeka on 25th August



Proceeds raised from the Sound of Music 2012 were channelled into the Sarawak General Hospital (SGH) National Welfare Foundation (YKN) Anjung Kasih facility which was officially declared open on the 17th of April. This facility is offered free to needy patients particularly those from rural areas. It provides shelter and two free daily meals to residents who are mainly family members of patients who usually live very far away from the hospital and cannot afford motels. RCKC members were present for the opening ceremony, and were also able to set up a booth to showcase club projects.



CHARITY BOWLING COMPETITION 2017

Date: 8th January

Venue: Riverside Superbowl



Best Bowler - Dayang Salina of PCF



AG table officially starting the competition



Thank you for your support Riverside Superbowl

Rotarians and conscientious members of the public agreed to raise a total of RM 25,500 to go towards RCKC's projects to serve the community. These include the signature projects to provide cataract remedies to upsurge free of charge to patients, implementing solar or clean water systems, and providing school kits to students. These are mainly for those in the lower income group or in rural areas. This was the fourth year RCKC has organized this fund-raising event, thanks to the continuous support of Riverside Superbowl. Meanwhile, Pin Ten Cafe emerged as the team champion for the 3rd consecutive year, winning themselves the Rotary Bowling Challenge Trophy, with Teams PCF and Team Padas of SEDC were 2nd and 3rd respectively. Dayang Salina from PCF was also named 'Best Bowler'. Thank you to our generous sponsors.



Pin Ten Cafe - Our champions for the 3rd consecutive year



ROTARY CHARITY RUN 2017

Date: 26th February
Venue: CityONE Megamall

What were over 3000 people doing at 6.30am on a Sunday at CityONE Megamall? These early birds were taking part in the Rotary Charity Run 2017 organized by the Rotary Club of Kuching Central on the 26th of February 2017. This run allowed them to do good in the world while exercising.

The club first decided to have the run as a fund-raising activity since several members have had first-hand experience in organizing runs, and many are also avid runners. It would also serve a secondary purpose of increasing awareness of Rotary because it could engage members of the public of all ages together. The funds raised would be used to continue several of RCKC's signature and ongoing projects, which the club has carried out over the last few years.



These projects are

- Cataract remedy/operations for low-income groups in Sarawak rural areas in association with the Ministry of Health's Ophthalmology Department
- Solar Lighting System for rural longhouses and communities in Kanowit & Telang Usan areas
- Providing school kits for selected students from poor families from urban as well as rural communities
- Sponsorship/organisation of Rotary Youth Leadership Camp to provide leadership development and training for Interactors from School Interact Clubs sponsored by Rotary Club of Kuching Central



The Rotary Charity Run 2017 was officially launched on the 5th of November which was followed by 4 months of preparation, publicity and promotional activities. The venue sponsor KenBest kindly allocated a booth at CityONE Megamall to the club to promote the event, as well as an area for preparation in the run-up to the event. Rotarians and family members, Rotaractors, and Interactors worked together to man the booth at weekly and weekend roadshows to get people to sign up for the run. Additionally, participants were able to sign up at five other locations, thanks to the kind support of companies such as Supreme Optical (CityONE), Jee Kwong Optical (Tun Jugah), Eritel Telecommunications, Best Motors Toyota (Semariang), and SUKHA Cafe.

PROMOTIONAL AND PUBLICITY CAMPAIGN

Besides these booths, club members worked together to look for sponsors and volunteers. The club also paid several courtesy calls to local dignitaries and companies to seek their support. Various articles promoting the run were regularly featured in a total of seven local newspapers while Hitz FM, MY FM, and Era FM also assisted in publicizing the event. In addition, PDG Andre Suharto, President Clarence Yong, and Organizing Chair Rotarian Leonard Sia were guests on the Antap Breakfast show of CATS FM to promote the Rotary Charity Run 2017 as well as Rotary's aims and activities. Big Box Media also kindly consented to screen our club's run advertisement on their giant LED TV in the Satok area.

RCKC decided to utilize more social media this time to get the attention of media-savvy runners with targeted ads and posts. The main highlights of the social media campaign were the two videos by SOOL Productions which featured Joyce Khoo, Miss Fitness for Miss Malaysia World 2016, and Maggie Goh, the first Malaysian marathoner to complete all 6 major marathons in the world, and received Abbotts World Marathon Majors medal. They also leveraged on their extensive fan base to promote the project. This campaign resulted in an average reach of 10,200 to 55,000 for the main Facebook posts, and a 49% growth in Facebook page likes over the two months. It is also hoped that the campaign helped to increase the awareness of Rotary among the younger generation.



RACE PREPARATION

Ultimately, the club's hard work paid off as they exceeded their original target of 2000 runners, culminating in a total of over 3000 participants to run in either the 2km, 5km or 8km categories. This also included 15 participants from the Sarawak Society for the Deaf, in addition to numerous supportive Rotarians from various other clubs of District 3310 and District 3300.

With the number of participants confirmed, the club then moved into the next phase, which was to prepare the race packs for all participants. This daunting task was met headlong enthusiastically by many willing Rotarians, family members, Rotaractors, and Interactors. There were also trial runs, route planning, safety briefings, and preparations in collaboration with Polis DiRaja Malaysia (Kuching), RELA, Kuching Marathon Association, O-ran Utan Running Group, and Batu Kawah Cycling Group. Volunteers from these groups later assisted with traffic guidance, pacing, and safety during the run itself.



ACTUAL DAY

Despite fears of rain, ideal weather conditions greeted the members and the 3050 participants when they turned up to the starting line. The club members, family members, and volunteers woke up early to complete all preparations. 144 Interactors, Rotaractors, and teacher advisers from the 7 youth clubs under the umbrella of RCKC volunteered to help out at the water stations, start and finish line, and various other tasks. The event was also covered by 98's Photography who offered their services for the good cause, along with several Rotarians, Rotaractors, Interactors and friends of Rotary. Runners who arrived early warmed up with an invigorating zumba session led by The Stage Studio.



The Rotary Charity Run 2017 was flagged off at 6.30am by the representative of the Guest of Honour YB Dato' Sri Hajar Nancy Shukri (En Mohammed Kamaluddin Effendie, Political Secretary of YB), with special guests DG Michael Yee (flag off with Rotary International Flag), YB Datuk Prof Dr Sim Kui Hian, Dato Mayor James Chai of Kuching South City Council, Kuching Police Chief ACP Abang Ahmad Abang Julai, President Clarence Yong, Organising Chair Leonard Sia, Stephen Long (KenBest), PDG Andre Suharto and several other senior Rotarians.

The run went fairly smoothly without any major mishaps, and the runners came back sweaty, tired, but in high spirits at being able to complete their runs while contributing to great causes. They were extremely happy with the drinks and freshly made sandwiches provided by food and beverage sponsors Vico and Ayam Brand. Moma Drinking Water and Revive Isotonic water also assisted with some of the water station arrangements.

Once the official times were verified, the results for the top 10 winners of the 8km Male and Female categories were announced. The dignitaries were on hand to present the cash prizes to the deserving runners, as well as to recognize the contributions of the sponsors, and some notable participants, and groups. All in all, a great run and event was had by those who participated in one way or another.

THANK YOU

Thanks to the strong support from members of the public and corporate sponsors, the Rotary Charity Run 2017 raised RM210,000 in kind and cash. The funds raised will go towards continuing the Rotary Club of Kuching Central's signature projects for the lower income groups, especially those residing in rural areas of Sarawak.

This was undoubtedly the single largest project the club has undertaken, and it was only possible due to the support of everyone who was involved throughout the event. The Rotary Club of Kuching Central would like to thank all runners, volunteers, sponsors, and well-wishers for their generous support and contributions in making the Rotary Charity Run 2017 a great success. We look forward to more significant projects to do good in the world, together.



Rotary Charity Run 2017 in numbers

113 days of preparation

Over 3000 participants

Over 65 Rotarians and family members

144 Interactors, Rotaractors, and teacher advisers

More than 100 volunteers from various groups in different capacities

AWARDS FOR ROTARY CHARITY RUN 2017

- 2016-17 Rotary International Significant Achievement Award
- District 3310 Awards 2016-17 Best Project with Public Relations Content: Gold
- District 3310 Awards 2016-17 Best Family of Rotary: Silver
- District 3310 Awards 2016-17 Best Public Relations Project: Silver

ROTARY BRINGS VISION TO SARAWAK



Imagine trying to catch some fish for your livelihood when you can't even see what's in front of you, or attempting to carry out household chores or your work? This is probably something that frightens many of us. However, this is the reality that faces several people in rural areas of Sarawak, especially those in the lower income group.

In comparison, many of us tend to take our eyesight or even our five senses for granted when we should actually treat them as precious gifts. The Rotary Club of Kuching Central is certainly aware of the importance of our eyesight, and we are delighted to play a small role to protect or even bring back this gift to those in the lower income group.

Preventable blindness is one of Rotary International's areas of focus and RCKC has been carrying out its Preventable Blindness Campaign since 2008 where we have provided numerous cataract operations for free in various rural areas of Sarawak. We first started at Kapit in 2008, before moving to the Sarawak General Hospital in 2010 where we brought in patients from as far away as Sri Aman, Betong, Lundu, and



Serian. For our 2012 project, we worked together with the Sibu Hospital to carry out 100 cataract operations free of charge.

For this project, a total of 190 cataract operations were carried out in 6 rural areas of Sarawak from November 2016 to April 2017. Firstly, the local patients went through preliminary eye screenings at the local government hospitals. If they were identified as having cataract problems, they would be put onto the list of operations. The operations for the specific town would then be arranged to be carried out at the local hospital later, at no charge to the patients. Each operation took about half an hour to more, depending on the complexity of the case. The patients would be required to come back to the hospital after a week for a follow-up.

With the help of CIMB Foundation Community Link, cataract operations were successfully carried out in Serian, Sri Aman, Saratok, and Betong/Simunjan while another 52 were done in Lundu with the assistance of JM Sarawak. The club worked together with Klinik Katarak 1 Malaysia (KK1M), Kementerian Kesihatan Malaysia, and the government hospitals of each area to ensure that the intraocular (IOL) lens purchased were suitable, and that the screenings were carried out. Additionally, goodie bags were given out to each patient, thanks to the generous contribution from Khong Guan Biscuits.

The club hopes to be able to continue this project in the years to come with the support with willing collaborators. Thank you to all who have helped to bring vision back to Sarawak!



Presenting the Rotary Brings Vision to Sarawak project to Sibu Hospital. With the IOL lens to Malaysia Sarawak government.



Rotarians packing goodie bags for the patients, courtesy of Khong Guan Biscuits.



"The real voyage of discovery consists not in seeking new landscapes, but in having new eyes." - Proust

BACK TO SCHOOL

A total of 802 students from lower income families received a 'Back to School' set through the successful implementation of this project. The 802 students came from 18 schools in the outskirts of Kuching, as well as in Sarikei. These kits consisted of school bags, uniform, shoes, and stationery. It is the club's hope that these kits would be able to lessen the burden of these families a little, and also to encourage these students to work hard and continue their education.

This project was funded through application with the Yayasan Sime Darby and the Rotarians also liaised with the Education Department of Sarawak to identify the students who were in need of the supplies, as well as to coordinate with the different schools. As 10 of the schools were based in Sarikei, the Rotary Club of Kuching Central sought the help of the Rotary Club of Sarikei to collaborate on the handover of items. For the remaining 8 schools, the RCKC club members were able to personally visit the schools and give out the items to the students.



Rotarian dan ahli RCKC (dari kiri) Bakti menyerahkan kit sekolah baru YSD's Back to School kepada ibu bapa pelajar dari SK Bukit Bawa. (dari kiri) Pengerusi (Daphne Lim), RCKC, PS Hujan Kuning, Hs Han, Woodmaness, RCKC dan ahli RCKC Maja (dari belakang) (RCKC).



Additionally, the club collaborated with the Rotary Club of Penang from District 3300 to hand over school kits to 203 students of SMK Pending on the 15th of April. As many students of this school come from lower income families staying in rented squatter homes, these kits would help in reducing some of their financial burden. Hopefully, the students would realize that education is extremely important and be motivated to do well in their studies. Part of the funds raised from the recent Rotary Charity Run 2017 was used to purchase the kits, in addition to the funding from RC Penang. Our sincere appreciation goes to all parties involved for their contribution to these projects.



GIFT OF LIGHT



Date: 2nd, 3rd August
Venue: Ulu Sugai, Pokan
 Ulu Sarikei

We worked together with RC Sarikei to provide these longhouses with 66 sets of solar-powered lighting systems donated by RC Utara Subang Jaya (USJ) for the villagers' ease of chores, their children's studies, and even fellowship at night.



Date: 26th November
Venue: Bintulu

A project jointly carried out with RC USJ and RC Bintulu to bring light to two longhouses in order for them to carry out their household activities after sunset.



Date: 26th - 27th May
Venue: Long Belok

A total of 17 Rotarians from 8 Rotary clubs of Districts 8210 and 3300 led by DG Michael Yee and PEG Lim Kok Beng of YKRRM, took part in a 2-day joint solar project in Long Belok in the Telang Usan district. They gave solar panel lighting sets and solar torchlights to an isolated Penan settlement of 65 households there. The Rotarians also donated many other essential items like rice, biscuits, medical and dental kits, books, and stationery supplies to the villagers.

This joint project was initiated by the Rotary Club of Kelana Jaya (District 3300), and it was subsequently successfully jointly implemented with its project partner, Rotary Club of Kuching Central. Other participating clubs are: Rotary Club of Damansara West, Rotary Club of Puchong Central, Rotary Club of Tanjung Bungah, Rotary Club of Bandar Seri Begawan, and the newly chartered Rotary Club of Miri Oil Town while Yayasan Kelab-Kelab Rotary Malaysia is the co-sponsor for the joint solar project, in partnership with Focus on Sarawak.

The aim of this project is to assist the Penans to adapt to modernity, increase their productivity and a change in lifestyle. This project also gives positive impact on education of the children, by providing school-aged children with reading light to study longer hours and spend more time with parents and siblings on educational activities. By using the Solar powered LED lighting, it increased safety from the elimination of accidental fires caused by kerosene lamps.



JOINT BLOOD DONATION CAMPAIGN

Date: 18th September
Venue: Plaza Merdeka

This was a joint blood donation campaign together with RC Kuching South and Taipoo Youth Group.



SOLAR LIGHTS FOR CLAUDIA

Date: 16th November
Venue: Sekolah Menengah Awam Serian

After reading the newspapers about Claudia's efforts to study hard despite the poor conditions of her household, the club donated solar lights in order for her to be able to revise her studies at night.



DONATION OF FREEZER TO SEED FOUNDATION

Date: 15th February

This was a meaningful joint project with RC USJ to help SEED Foundation Kuala Lumpur. Through the donation of a bigger freezer and working with the Reach Out and Food Aid Foundation, SEED can now store food which are donated from the public to be served to the homeless/disadvantaged street persons.



ROTARY EYE CARE CAMPAIGN - FREE EYE SCREENING

Date: 1st April

Venue: Stulang Community Market

As part of their Eye Care Campaign, the Rotary Club of Kuching Central carried out a Free Eye Screening for members of the community. This project was carried out jointly with Sarawak General Hospital and with the support of Majlis Bandaraya Kuching Selatan, in fulfillment of the promise made to Mayor Dato James Chan. This was to reduce avoidable blindness in the community, especially among the children and elderly.

The club members assisted the doctors and nurses of SGH in the basic eye screening, before they were directed for a closer examination by the doctors on hand. A total of 117 members of the public were screened, and several were referred to SGH Eye Clinic for further checks, or immediate treatment. Although there were nervous jitters before the screening, the participants were pleased to have such an eye screening. As such, the club will plan for more similar activities in the future.



TOILET UPGRADING PROJECT 2017

Date: 27th April

Venue: SMK Bandar Kuching No. 1

As the toilets of SMK Bandar Kuching No.1 were in bad shape, their principal and teachers appealed to the club to help. RCKC was able to acquire the help of Latter Day Saints (LDS) Charities to fund the project. Kingres Marketing Sdn Bhd also donated the tiles used. The official handover ceremony was officiated by PDG Hj Andre Suharto, witnessed by Elder Kent Wiser of LDS Charities, President Clarence Yong, Principal Mdm Sandy Wong, and several members of the club.



BEFORE



AFTER



MICROSCOPES IN SCHOOL 2017

Date: 20th June

Venue: SMK Sungai Tapang



42 sets of hand-held microscopes were handed over to SMK Sungai Tapang as their science laboratory had been razed in a fire in 2016. The simple ceremony was witnessed by Past District Governor Haji Andre Suharto, together with President Clarence, Assistant Governor Leslie Phuan, Service Project Chair, Past President Louis Yong and members of Rotary Club of Kuching Central.



The club is proud to be given the opportunity to participate in the 'Microscopes in School 2017', a signature project sponsored by RC Freshwater Bay, Perth and Ms Sheila Cheng, Friend of RC Freshwater Bay. We are also honoured to know CP Di Collins, the lady behind this meaningful project. The concept for this project came about when she learned about the shortfall of students going on to study science at a higher level. It is her belief that if we do not instill the love of science in children from an early age, they are largely lost to science in the future. She has dedicated the past 6 years of her life to making this a reality.



There are now more than 17,000 units in over 600 schools throughout Australia and surrounding countries, sponsored by in excess of 100 Rotary Clubs and individuals, such as Sheila Cheng and her husband. This is benefiting in the region of 200,000 students. Thank you Ms Sheila and CP Di for sponsoring these microscopes.



FOOD PARCELS FOR THE COMMUNITY

The Rotary Club of Kuching Central carried out 3 community aid giving projects in 2016-17. The funds used for these projects were part of the funds raised by the Rotary Charity Bowling Competition 2017.



Date: 15th January

Venue: Sarawak Hun Nam Siang Tng

In the spirit of Chinese New Year, the club donated food items to feed approximately 80 low income families. The items would be distributed to the identified families by Sarawak Hun Nam Siang Tng which has been assisting these families consistently.



Date: 8th April

RCKC members distributed food aid parcels to 23 hard-core poor families in Kuching and its surrounding areas. Many of them were shocked to find them living in such poverty so close to the main city area, and several of the recipients suffered from severe ailments such as neck cancer and so forth.



Date: 17th June

As Hari Raya Aidilfitri was coming up, the club gave 25 families food aid parcels, in addition to duit Raya from an anonymous contributor. These families were mainly located in Kampung Gersik, Kampung Tupong, and Kampung Gita. There were even houses that had up to 12 people living inside.



CHARITY SALES

RCKC took part in 4 charity sales in 2016-17, and sold Khong Guan biscuits and Captain Oats. The club raised approximately RM 10,000 for these NGOs.

KUCHING AUTISTIC ASSOCIATION FOOD FAIR 2016

Date: 7th August



SALVATION ARMY SALE OF WORK 2016

Date: 31st August



DYSLEXIA ASSOCIATION OF SARAWAK FUNDRAISING AND CHARITY FAIR 2016

Date: 11th September



PERKATA SARAWAK OPEN DAY SALE 2017

Date: 30th April



CATARACT FINDER COURSE

Date: 15th June
Venue: Sarawak General Hospital, Kuching

A special Cataract Finder course was organized for Rotarians by the Ophthalmology Department of the Sarawak General Hospital in collaboration with the International Agency for the Prevention of Blindness (IAPB). A total of 13 RCKC members were able to learn more about cataracts, how to perform eye screenings, detect cataracts, and how a cataract operation is carried out. The club's Avoidable Blindness Chair PP Chai Ko Jee was also on hand to help with the training. It is hoped that the club will be able to carry out more Avoidable Blindness activities to serve the community.



VOCATIONAL SERVICE AWARD 2016-17 AND APPRECIATION



The club presented the Vocational Service Award to Klinik Katarak 1 Malaysia (KK1M) in recognition of their efforts and contributions towards the Rotary Brings Vision project. The KK1M team, which comprised 66 members, worked together with RCKC to screen potential patients to identify cataract issues, and carried out a total of 190 cataract operations that were free of charge for people from the lower income group and rural areas in 6 different towns of Sarawak.



Ms. Alice Thian (centre) receiving her token of appreciation from President Clarence (2nd from left), witnessed by her supportive husband Matthew (2nd from right). They are flanked by AG Leslie (left) and Charity Run Organizing Chair Rm. Leonard Sia (right).

Ms. Alice Thian was also recognized by the club for her assistance and dedication in making the Rotary Charity Run 2017 a success. Her meticulous and tireless effort in coordinating the registration details and race packs helped the club in a significant way.



2016-17 DISTRICT VOCATIONAL SERVICE SEMINAR (SARAWAK)

Date: 25th February
Venue: Hotel 56

President Clarence Yong led 4 RCKC members in attending the 2016-17 District Vocational Service Seminar, hosted by the Rotary Club of Kuching South. They were able to learn more on the type of vocational service activities that could be organized, particularly for the Youth.

2ND JOINT INTERACT INSTALLATION

Date: 6th August
Venue: Grand Dormani Hotel



Interact Club of SMK Kuching High



Interact Club of St. Joseph's Private

2ND JOINT INSTALLATION



The five Interact Clubs under the umbrella of REKC held their 2nd Joint Interact Installation where they celebrated the achievements of the past year together with their teacher and Rotarian advisers. The attendees, which also included several of their school principals, witnessed the installation of the Interact Board of Directors for the year 2016-17. It was an exciting night which included special performances by enthusiastic interactors and their teachers, and culminated in a lucky draw.

Interact Club of SMK Bandar Kuching No.1



Interact Club of SM Sains Kuching



Interact Club of SMK BPHA Gapor



REGIONAL IQUIZ 2016

Date: 13th August
Venue: Waterfront Hotel

This was the 2nd time RCKC has worked together with RC Bandar Sunway of District 1300 to organize this Interact Quiz for the Sarawak region. Six members of RC Bandar Sunway flew in to help run the Quiz proceedings. This quiz was only open to Interactors in the hopes of encouraging them to read and learn more general knowledge, have quick reactions and build confidence. There was overwhelming response from the various Interact Clubs of Sarawak as over 90 teams of 3 members each signed up.

The preliminary round saw the teams answering 30 questions of varying topics from geography, history, the environment, Rotary, Interact, and more. The six teams with the highest preliminary scores then moved into the final round where they took turns to answer questions verbally. After a closely fought final, the Anonymous team from the Interact Club of SMK DPHA Gupoh emerged as champions. They eventually represented Sarawak at the Grand Finals at Bandar Sunway and put up a good challenge to the other teams in the hopes of winning partial and full scholarships to Sunway University.



INTERACT AND ROTARACT LEADERSHIP TRAINING 2016-17

Date: 28th August

Venue: SMK Bandar Kuching No.1



A special leadership training session was organized for the new Board of Directors of all Interact and Rotaract Clubs of RCKC. Experienced Rotarians were invited to share their knowledge of the various club positions, and provided tips on how to run their clubs and carry out projects successfully. All work and no play makes Jack a dull boy, so the youth were also able to relax through some simple but fun games organized to promote teamwork and fellowship among the 7 clubs.



HALF-YEARLY MEETING WITH YOUTH

Date: 7th January

Venue: Riverside Majestic Hotel



Representatives and teacher advisers from six out of the seven youth clubs were invited to present their reports on their projects for the 1st half of the Rotary Year 2016-17. Each of them spoke articulately on their completed projects and explained their plans for the next half of the year. It was encouraging to see many of them putting what they learned to good use, and that several were considering to do joint projects. Although trends like fidget spinners and Justin Bieber will come and go, the values instilled in Interactors and Rotaractors such as leadership, problem-solving, communication, teamwork, and more will always be relevant.



YOUTH LEADERSHIP CAMP

Date: 18th to 19th March
Venue: SMK DPHA Gapor



This was RCKC's first day camp where students did not stay overnight at the camp site. Approximately 120 participants from assorted interact clubs in Kuching were divided into smaller groups and were guided by their hard-working and inspiring facilitators through a varied and stimulating programme which included several experts in their own fields. For the obstacle course, each team had to work together to complete each station's challenge amidst lots of laughter, and even some stressed faces. Two days seemed to fly by too quickly for many of the participants as they enjoyed themselves thoroughly.



INTERACT CLUB OF SMK BANDAR KUCHING NO.1

President 2016-17: Edo Liew Xinyu

Teacher Advisers: Jennifer Chong Siew Ling and Yip Siew Ling

Rotarian Advisers: PP Chai Ko Jee, PP Frankie Yang

Number of members for 2016-17: 35

1. Members doing some painting to beautify their Interact Garden project.
2. BOD and teacher advisers posing in the completed Interact Garden, which creates a greener and more conducive environment for teaching and learning.
3. The club collaborated with the Interact Club of Lodge International School to organize a joint telematch on 29th October 2016 with over 100 participants from varying Interact clubs. They organized several fun games to motivate students to work together and build team spirit.
4. Korean Day on the 4th of March 2017 was 1 another joint project with the Interact Club of Lodge International School and their own school's English Club to promote international understanding and knowledge of other cultures. Five stations allowed participants to try their hand at making kimchi, dressing up in hanboks, dancing to K-pop and more.



INTERACT CLUB OF SMK DPHA GAPOR

President 2016-17: Eleeza Ezzette Bt Herman Shah

Teacher Advisers: Ko Ai Boi, Dr. Tang Lung Kio

Siti Azian Ilohi, Nur Amalina Bt Ramlee

Rotarian Advisers: Rtn. Major Francis Ng,

PN Jong Kiam Ngee

Number of members for 2016-17: 168

1. 15 members participated in a competition to assess their knowledge as part of Technique and Vocational week on 27th July. They sold food and drinks during their morning recess and afternoon assembly, raising RM117.00.
2. The club carried out pre-sales of Khong Guan biscuits to raise funds in preparation to cook kacama chicken and cheesecake with the help of their teacher advisers. These two dishes were then sold at the Salvation Army Sale of Work on the 31st of August 2016.
3. As the host school of RCKC's Youth Camp on the 18th and 19th of March, the club did double-duty by participating and assisting in the arrangement of facilities for the various activities.



INTERACT CLUB OF SMK KUCHING HIGH

President 2016-17: Esther Chee Kai Zhi

Teacher Advisers: Mdm Ngieng Ieng King (main), Mdm. Kho Cha Geok, Mdm. Helena Siddle, Cik Cecilia Chiew, Sri Ing

Rotarian Advisers: PP KC Wong, Rtn. Louis Wong,
President Clarence Yong

Number of members for 2016-17: 90

- 10 members participated in the Salvation Army Sale of Work on 31st August 2016 and successfully raised RM210.
- Their first mural project saw 8 members spending a whole day painting colourful flowers to encourage and motivate their fellow students. The paints used were generously sponsored by President Clarence Yong.
- For their 2nd mural project on the 15th of April, the club collaborated with 35 students from Curtin University (Perth) to come up with a mural to bring awareness to the importance of education. Working on this large project really inspired and taught them more about project management.



INTERACT CLUB OF SM SAINS KUCHING

President 2016-17: Muhaimin Ashraf Bin Mohamed

Teacher Adviser: Mdm Nicole

Rotarian Advisers: PP Dr. Willie Lau, Rtn. Leonard Sia

Number of members for 2016-17: 32

The club hosted the Japanese Understanding Day and worked with the Interact Clubs of SMK DPHA Gapor and SMK Kuching High, as well as the school's Japanese Club, to organize the event. Participants were able to learn more about the Japanese culture and even learned a traditional Japanese dance.



INTERACT CLUB OF ST. JOSEPH'S PRIVATE SCHOOL

President 2016-17: Jordan Hu

Teacher Adviser: Ms. Nancy Huey

Rotarian Advisers: PP Dr. Willie Lau, Rtn. Michael Koon

Number of members for 2016-17: 45

- Tham Wanteng and Larissa Ping attended the IRYLA Camp held in Sedili, Johor from the 14th to 17th December where they participated in several team building games, leadership training and seminars. They also built strong relationships with the other RYLArians they met.
- In conjunction with Valentine's Day, the club sold cookies, roses, and macarons to their fellow students on an order basis. They were able to earn a profit of almost RM 3000, part of which was donated to the End Polio fund.
- Some of the male members learning how to dance a Korean pop dance as part of the Korean Day festivities organized by the Interact Clubs of SMK Bandar Kuching No 1 and Lodge International School.
- The club raised an impressive RM 34,445 to contribute to Sarawak Children's Cancer Society for their Go Bald 2017 campaign. 15 students also courageously volunteered to go bald on the 26th of May 2017.



ROTARACT CLUB OF SEGI COLLEGE SARAWAK

President 2016-17: Stephanie Ting

Lecturer Advisers: Dr. Wendy Hui, Ms. Teri Su

**Rotarian Advisers: PP Dr. Willie Lee, IPP Ng Yaw Hui
Rtn. Roland Phang**

Number of members for 2016-17: 30



1. RAC SEGI set up a booth at the SEGI Carnival 2016 selling food and drinks to raise funds for the club. It was visited by several Rotaractors, Interactors, and Rotarians. The booth was voted 2nd Most Visited Booth and received a cash prize.
2. The club carried out a donation drive to raise funds for the school hall of SMK St. Teresa which was destroyed in a fire on 29th October 2016. The RM1000 raised from the drive was handed over to Mdm Mary John, the school principal on 24th January 2017 as witnessed by several Rotarians.
3. An awareness campaign on kidney health was organized together with the National Kidney Foundation on the 17th of February. It featured talks and performances from Shawn Lee and the Rejuvenate Crew, renowned for his beatboxing and their dance skills respectively.
4. Members collaborated with SEGI's Early Childhood Education Club to sell food and drinks at the PERKATA sale on 30th April 2017 to raise funds for the organization.
5. A blood donation drive with the support of the Sarawak General Hospital was held at SEGI on 30th May to bring awareness to the hospital's blood donation campaign.

ROTARACT CLUB OF SWINBURNE SARAWAK

President 2016-17: Andrey Topchiy

Rotarian and Lecturer Adviser: Rtn. Andiea Chan

Number of members for 2016-17: 70

1. A friendly mini bowling competition was organized for the club's members and potential members to encourage more fellowship on the 5th of April at Megalanes. The winning teams walked away with cash prizes and everyone thoroughly enjoyed the evening.
2. On 11th April, a few members helped SJK Bintawa with their team-building games during the school's motivational camp for UPSR students. This was part of a proposed long-term collaboration with the school and their special needs students.
3. The Sarawak Society for the Deaf was invited to conduct a Basic Sign Language Workshop for the club's Professional Development programme on the 19th of April. The members enjoyed learning how to spell out the alphabet with the instructors who were also deaf.
4. On the 22nd of April, the club sold snacks and organized several games at their booth for the Swinburne Carnival 2017 to raise funds. The batik cake and roti Indonesia also introduced a little of Indonesian cuisine to international students.



SISTER CLUBS

VISIT BY RC TAIPEI GOLDEN EAGLE
TO KUCHING AND PENANGDate: 2nd to 6th July

23 members and family members of our Taiwanese sister club RC Taipei Golden Eagle attended our 31st Installation and stayed on to attend the 75th Installation of RC Kuching. They then proceeded to Penang for a quick holiday with several members of our club.

RC TAIPEI GOLDEN EAGLE'S 16TH
ANNIVERSARY CELEBRATION TRIPDate: 9th - 13th March

A total of 18 representatives from RCKC flew to Taipei for RC Taipei Golden Eagle's 16th Anniversary and Trip at Sun Moon Lake. A stronger relationship for the coming years between both clubs was fostered through new meaningful memories of cycling along the lake, enjoying the beautiful scenery, good food, and excellent fellowship.



SISTER CLUBS

RC QUEENSTOWN

23rd June 2016



WELCOME TO

Rotary Club of Bandar Seri Begawan
and Installation Night

27th August 2016

RC BANDAR SERI BEGAWAN

28th August 2016

