





WEEKLY MEETINGS

RCKC has its weekly meeting held on every Saturday afternoon (12:30 pm – 2:30pm) at Riverside Majestic Hotel, Kuching. Commendable attendance recorded throughout the year.



INVITED SPEAKERS



JOINT MEETINGS

RCKC hosted the joint meeting for all Kuching clubs on 29th December 2018 with representatives of RC Kuching South, RC Kuching Unity City, RC Kuching and RC Kuching Jaya in attendance. The joint meeting was held in conjunction with the induction of 2 new female members on the same day witnessed by DG Henry Tan. After the membership induction ceremony, President Priscilla Toh of RC Kuching South, Chartered President Lee Khee Chuan of RC Kuching Unity City, PE Larry Ong of RC Kuching and President Kazue Sakai of RC Kuching Jaya all took turns to present their Clubs' projects during the meeting.

In October 2018, RCKC attended the joint meeting organized by RC Kuching at Telang Usan Hotel, President Jong Kiam Ngee reported on past and future activities to all other clubs present at the meeting.

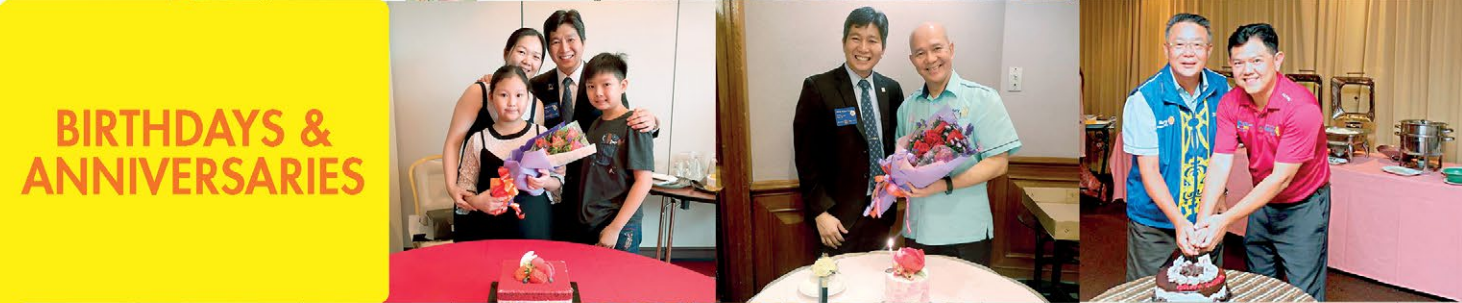


LAST WEEKLY MEETING



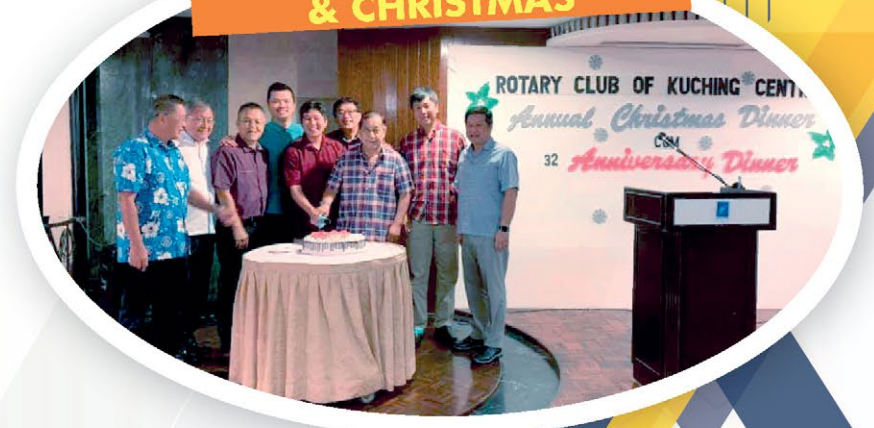


BIRTHDAYS & ANNIVERSARIES



FESTIVE CELEBRATIONS

32ND CLUB ANNIVERSARY & CHRISTMAS



FATHER'S & MOTHER'S DAY



VALENTINE'S DAY CELEBRATION



CHINESE NEW YEAR VISIT



FESTIVE CELEBRATIONS



HARI RAYA VISIT



DG'S OFFICIAL VISIT

Date: 13-14 October 2018

DG Henry Tan and District First Lady Ellen's official visit on 13th October 2018 was hosted by RCKC. They were warmly received by Rotarians at the airport with welcome dinner held at Sarawak Club.

It was a weekend full of meetings and activities for DG. From early morning meeting with RCKC President Jong, PE Leonard Sia and Secretary Michael Kuan, then moved on to a session with Interact and Rotaract clubs under RCKC's care to hear out their previous and future projects. After the fellowship lunch, DG further proceeded to the 3rd Club Assembly where all the Service Chairs presented their past & upcoming activities to DG for his advice.





**BENJAMIN LO'S
FAMILY & BABY
GIRL**



**DR LEONARD
NG'S FAMILY
& BABY GIRL**



INSPIRATIONAL BABIES 2018 – 2019

It has been a very PRODUCTIVE year for RCKC
and a year full of INSPIRATIONS...
Productive in serving the community...
Productive in expanding RCKC family...

CONGRATULATIONS to:

Benjamin Lo & Jess Hee
for their sweet little princess, **EMMA**

Dr. Leonard Ng & Geraldine Then
for their adorable baby girl, **NATASHA**

Michael Kuan & Judy Houn
for their cute little
sunshine baby boy, **KEAGAN**

**MICHAEL KUAN'S
FAMILY
& BABY BOY**



RCKC FAMILY OUTING

Venue: Camp Permai, Kuching
Date: 15-16 December 2018

It was indeed an interesting 2 Days 1 Night trip to Camp Permai, full of fun & adventurous activities. A series of programs were kick-started right after the fellowship lunch; from obstacles course to Jungle tracking, Jungle cooking and BBQ Dinner. The outing was filled with laughter and members brought home unforgettable memories. Thanks to OC Rtn Calvin Chong. President Jong strongly encourages the organization of more outings such as this as it draws members closer together through team-building activities.





ROTARY DAY CELEBRATION 2019

In conjunction with our celebration of 114 years of Rotary on **23rd February 2019**, public members were invited to join RCKC in array of activities by Rotary people of action in Kuching at CityONE Megamall for this special Rotary Day.

A series of health talks by professionals were conducted, such as Dengue Awareness talks. Health screening booths were also set up for free medical & eye screening coupled with Rotary projects showcase displayed for the interested public members. We took this opportunity to enhance public's knowledge of what Rotary is all about.

INDUCTION OF NEW MEMBERS

The new members inducted in 2018-2019 are as follows:

1. Rebecca Ling was officially inducted on 29th December 2018. She was introduced by PP Ng Yaw Hua who is then her Rotary mentor. Being the first married female Rotarian, her husband, Ngu Ching Wei, therefore became the first male spouse in RCKC.
2. Violet Soon was introduced by President Jong Kiam Ngee and officially inducted on 29th December 2018. She has prior involvement with various Rotaract Clubs and is PP of Rotaract Club of Kuching. Her Rotary mentor is President Jong Kiam Ngee.
3. Dr Shawn Ngooi Ming Soen was introduced by PP Ng Yaw Hua and inducted recently on 27th June 2019. He is from a Rotary family and the 53rd member of RCKC.



DISTRICT MEMBERSHIP DIALOGUE (KUCHING)

Date: 19 December 2018

Venue: Riverside Majestic Hotel

There were 14 members who attended this Membership dialogue with District Membership Chair PP Khushroo Dastur. The statistics of both international and district memberships were presented, and he also highlighted various possible causal factors that may have led to the drop in membership for some of the clubs. It was a fairly interactive session on the membership related issues. PP Khush encouraged RCKC to continue its healthy records of membership.



The Rotary Foundation ("TRF") was created on 18 June 1917 and formally endorsed in Belgium in 1927. Today, TRF has a fund of over USD80 billion and since its inception, has supported humanitarian programs across the world.

SARAWAK REGIONAL ROTARY FOUNDATION SEMINAR

Date: 22 October 2018
Venue: The Waterfront Hotel Kuching

Hosted by RCKC, Sarawak Regional Rotary Foundation Seminar was successfully conducted with DG Henry Tan as The Guest of Honour. The 24 participants from the five (5) rotary clubs in Kuching were very much enlightened by the insightful information presented by our notable speakers, PDG Michael Yee, PDG Philip Chong and PP Ng Yaw Hua. The seminar included a practical session on application of Grants and concluded with a Forum on Global Grants led by moderator, John Chan.



RCKC Contribution

2018-2019 contribution of USD5,150 is mainly attributed to a few of our Rotarians:
President Jong Kiam Ngee,
PP Leslie Phuan, PP Frankie Ong,
PP Thomas Ngu, PP Ng Yaw Hua
& Rtn. Tiong Khai.

Total accumulative contribution to-date is amounting to USD147,033



CHARITY BOWLING COMPETITION 2019

This is the 6th Charity Bowling Competition organized by RCKC, and a total of 21 teams participated in this fun-filled event to raise funds. We deeply appreciate our main sponsor, Riverside Superbowl & its management, for their continuous support in sponsoring the venue. The tournament managed to raise RM21,000 which will be channeled to fund RCKC's various service projects for the community.

This year, PCP Concrete emerged as Champion, with 2nd and 3rd prize went to Camnix and AXA Insurance respectively. All teams appeared in their best outfits for the tournament, and the best attire team award finally won by Waterfront Hotel team. Our sincere thanks to all the participants cum sponsors for making this tournament a meaningful event.





ROTARY CHARITY RUN 2019 "DOING GOOD IN OUR COMMUNITY"

Date: 7 April 2019
Location: CityONE Megamall, Kuching

ROCKC has successfully completed the 3rd Rotary Charity Run 2019 held on April 7, 2019 at CityONE Megamall Kuching. The run was flagged off at 6.30am from the main entrance of CityONE by Guest of Honour Dato' Sri Hajah Nancy Binti Shukri, and Special Guest, DG Henry Tan, Rotary International District 3310 Governor 2018-19. They were accompanied by President Jong Kiam Ngee, Organising Chairperson Leonard Sia and CityONE Venue Sponsor Mr Stephen Long, the Managing Director of Kenbest Sdn Bhd. The run has three categories of 2km, 5km, and 10km to cater for a wider range of leisure as well as more dedicated runners.

A total of 1600 participants registered for the run this year, and approximately RM 120,000 was collected in cash and kind for this Rotary Charity Run 2019 – "Doing Good in Our Community". We could not have succeeded without the support of the public members who believe in Doing Good within our community. We would like to thank all the runners, participants, volunteers, marshalls, RELA, police and our sponsors for their generosity and contributions in making this Rotary Run possible and a successful one.

On the actual day, all runners received a uniquely designed dry fit "Ultron" t-shirt in their race pack, and a beautifully designed finisher medal upon completion of the Run. The proceeds from this Run will be utilized to fund the numerous Projects that our Rotary Club undertakes to assist and support the deserving ones in our Community. Past projects successfully completed included Clean Water and Sanitation projects for longhouses and Rural Schools, solar lighting for isolated longhouses, back to school kits for rural students, sponsoring operations for children with congenital heart disease and food parcels for the needy. Our Rotary Club has been in partnership with The Health Ministry to carry out extensive cataract remedy operations over the past 8 years and will be continuing to do so. This is also in line with 2018-2019 Rotary year's objective of "Be The Inspiration".



We would like to acknowledge the sponsorship rendered by:

- Main Sponsor :** Kenbest Sdn Bhd
- Service Project Main Sponsor :** Ishk Tolaram Foundation
- Venue Sponsor :** CityONE Megamall, Kuching
- 16 Other Sponsors :**
- Plaza Merdeka
 - Kimgres Marketing
 - Asteel Group
 - Captain Oats
 - Pico Food Industry
 - FRIT Event Management
 - Tapau Trading
 - Kuching Marathon Association
 - District First Lady, Ellen
 - T&J Group
 - Khong Guan Biscuits
 - The Stage Studios
 - MOMA Water
 - Ayam Brand
 - Neudimenxion
 - VICO



PRIOR to the RUN.....

THE LAUNCHING OF THE RUN

The Rotary Charity Run 2019 – Doing Good in Our Community was officially launched on 29th December 2019, at CityONE Megamall, by District Governor Henry Tan during his official DG visit to Kuching. The launch was witnessed by President Jong, PE Leonard Sia (who is also the Organizing Chair for the run), and Mr. Stephen Long, Managing Director of Kenbest Sdn Bhd (the venue sponsor).

During the launch, public members were strongly encouraged to sign up and to help promoting the run. The colours of T-shirts and finisher metal samples were presented during the launch through a brief cat-walk done by our Rotarians' children as models wearing T-shirts with two choices of colours - Turquoise Blue and Light Grey. The launch attracted quite a sizable crowd and ended with light refreshment and time of fellowship.



PROMOTIONAL & PUBLICITY

Apart from making available the online and prepaid cards registration for the interested participants, there were also seven (7) manual registration centres being set-up to promote the run. They are: (1) Toyota Semariang at Petra Jaya; (2) Best Motors Corp. SB; (3) Ultron CityOne; (4) Camnix Solution SB at Jln Ang Cheng Ho; (5) Eritel Central Park – Maxis Exclusive Partner; (6) Jee Kwong Optical Group at Tun Jugah and (7) Supreme Optical at CityONE Megamall.

During the three (3) months preparation period, the organizing committee worked hard to solicit for corporate sponsorships and contributions while actively promoting the event through Club's Facebook; words of mouth; displaying eyes-catching posters as well as banners for our community services to create public awareness on the purpose for the RUN. Towards the end of the extended closing date for registration, further intensified publicity efforts by RCKC members eventually closed the registration with 1600 runners, a commendable achievement.

RACE PACK PREPARATION

Volunteer Rotarians and spouses gathered at PP Ng Yaw Hua's residence for race pack preparation and bib allocations for the three categories of run.

RACE PACK COLLECTION DAY (5 – 6 APRIL 2019)

Rotarians and their family members took turns to man the race pack collection booth set up at CityONE Megamall.



ON THE RUN DAY.....& FUN DAY!

At the dawn of the day, RCKC members, family members and the volunteers from the different groups were already at the scene getting busy with their respective tasks to ensure all things are in order. The various water stations along the running routes, the medal station at the finish line, as well as refreshment stalls were all properly set-up and readily standby before the arrival of our Guest of Honour. There was a brief & interesting Zumba session for runners to warm-up themselves.

The Run was subsequently flagged off at 6.50am by Guest of Honour YB Dato' Sri Hajah Nancy Shukri, Special Guest District Governor Henry Tan, President Jong Kiam Ngee, and Organizing Chair PE Leonard Sia. The event kick-started in high spirits and all runners gave their best, each completing their respective runs, especially those 10KM runners, who soldiered on right to the finish line. The top 20 runners from the 10km male and 10km female categories were awarded with prize money amounting to RM4,800 in total. The prize money was sponsored by our District First Lady, Ellen Tan. All the sponsors were all recognized with plaques of appreciation for their generous contributions to the run.

It is precisely this team spirit and dedication that continues to fuel our strong, inextinguishable desire to do our part for the community. This is imminently a worthy cause and we believe it has encouraged future participation from more public volunteers.





ROTARY BRINGS VISION TO SARAWAK: PREVENTION OF BLINDNESS

Preventable Blindness is one of Rotary International's key areas of focus, and hence, cataract project has been one of our RCKC's signature projects all these years. The club believes that no one should go blind because of money issue in this age and time. As such, the club has been carrying out its Prevention of Blindness Campaign since 2008 where we have helped to provide free cataract operations to patients from low income families and rural areas of Sarawak.

The campaign began at Kapit way back in 2008 before the identified patients from as far away as Sri Aman, Betong, Lundu, and Serian were brought in to Sarawak General Hospital in 2010 for their operations. In 2012, RCKC worked with Sibu General Hospital and delivered 100 cataract operations to deserving beneficiaries.

In running this campaign, RCKC has been collaborating with Klinik Kataract Kementerian Kesihatan Malaysia (KKKKM) and the respective government district hospitals to ensure the quality of the intraocular Lenses (IOL) purchased for cataract patients.

Snapshots of Cataract operations delivered from 2016 onwards:

Rotary Year	No. of Cataract Operations completed	Rural areas covered
2016 – 2017	190	Sri Aman, Simunjan, Bau, Serian, Saratok and Lundu
2017 – 2018	146	Simunjan, Serian and Lundu
2018 – 2019	302	Sri Aman, Simunjan, Bau, Serian, Saratok and Lundu

During Rotary year 2018 – 2019, RCKC again committed to aid the underprivileged group who are in needs of cataract operations. We visited the respective district hospital at Sri Aman, Simunjan, Bau, Serian, Saratok and Lundu, and supplied 302 pieces of IOL for cataract patients to restore their vision.



CATARACT PROJECTS - BAU HOSPITAL



CATARACT PROJECTS - SERIAN HOSPITAL



CATARACT PROGRAM FOR URBAN POOR

In addition to the abovementioned campaign, RCKC extended its service to urban poor and organized a separate program with the Ophthalmology Department of Sarawak General Hospital. Apart from providing 80 pieces of IOL for the urban poor cataract patients, RCKC also donated a unit of AutoClave equipment worth RM27,000 to the Ophthalmology Department of Sarawak General Hospital. AutoClave equipment helps to sterilize the blades, scissors and other medical tools required for the cataract operation. The handover of the AutoClave equipment to the hospital was witnessed by DG Henry Tan and First Lady, Allen.



BACK TO SCHOOL 3.0

The main objectives of the 'Back to School' Project are:

- To provide school kits to selected students from urban poverty families as well as rural communities in Sarawak
- To enhance awareness of the plight of poor families
- To help and support the education of poor students

During the Rotary year 2018-2019, led by OC PP Louis Yong, the 'Back to School' projects were carried out successfully with wider coverage, benefiting a total of 1242 underprivileged students. These students are from the eleven (11) schools in Bintulu, Sibul, Bau, Padawan and Serian. The overall project cost amounted to approximately RM 153,000.

Area	Name of School Identified
BINTULU	• SK Ulu Segan
	• SK Labang
	• SK Kuala Sigu
	• SK Bukit Mawang
SIBU	• SK Batu 36
	• SK Penghulu Imban
BAU	• SJK Chung Hua Musi
	• SJK Chung Hua Buso
PADAWAN	• SK St. Alban (M)
SERIAN	• SJK Pangkalan Bedup



These primary school students were provided with a complete set of school supplies, such as school bag, uniforms, shoes, socks, and stationery, which may last them for at least 1-2 years, in the hopes of easing their parents' financial burden, and to enable them to continue their studies.

Each handover ceremony was such a joyful occasion for Rotarians as they witnessed the shining smiles and happy faces of the students in need while they received their school kits. It is hoped that such acts of giving will inspire these young students to treasure their schooling experience and to realize the importance of education as they grow and journey into their future.



Our appreciation goes to our partners:

Yayasan Sime Darby as the main funder for the project for the 3rd consecutive year.

Rotary Club of Bintulu Central for rendering assistance to handover the items for the 5 schools in Bintulu.

Rotary Club of Taipei Golden Eagle for contributing towards parts of the project fund

Rotary Club of Penang for sponsoring the school uniforms

Kementerian Pendidikan Malaysia for identifying the deserving schools and students

SCHOOL SANITATION PROJECTS IN SARAWAK

RCKC is pleased to announce the completion of four (4) school sanitation projects in Sarawak during Rotary Year 2018 – 2019. We are thankful to HSBC Malaysia Berhad for funding three (3) of our bigger projects which greatly benefited the students of SK Lubok Buntin, Simunjan, SJK Chung Hua, Siburan and SK St. Teresa, Serian. The project for SK St. Alban in Kuching was fully funded by RCKC.

Installation of 'SkyHydrant' Water Filter System

Beneficiary School	SK LUBOK BUNTIN, Simunjan (98 students, 11 teachers)
Issues identified	Water source from rain water and water pumped from the well are of poor quality, unhygienic and undrinkable.
Project Objective	To provide clean portable water for the school
Work Duration	1 st October – 1 st November 2018
Work Scope	Installing water filtering system; building steel platform for the HDPE water tank; building concrete wash basins and Wudu wash area; laying HDPE pipe for filtered water distribution to teachers' quarters, school's toilets, wudu wash area and school Mosque.
Project cost	RM32,000.00

BEFORE



AFTER



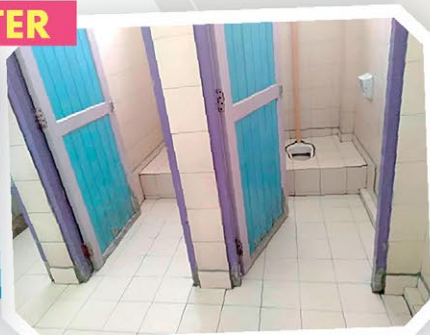
Replacement of Tiles Flooring for School's toilets

Beneficiary School	SJK CHUNG HUA, Siburan, 17 th Mile, Kuching (1000 students)
Issues identified	Filthy & poor condition toilet floor tiles due to serious leaking over many years.
Project Objective	To replace existing flooring tiles and apply waterproofing works to resolve the leaking problem.
Work Duration	26 th November – 20 th December 2018
Work Scope	Hacking & removing existing tiles; coating and tiling works
Project cost	RM17,825.80

BEFORE



AFTER



Renovation and upgrading works of toilets

Beneficiary School	SK ST. TERESA, Serian (310 students, 30 teachers)
Issues identified	Poor condition & insufficient toilets; unstable wooden access corridor
Project Objective	To provide hygienic & functional toilets in a safe environment; to install additional toilets to meet the needs.
Work Duration	26 th November – 20 th December 2018
Work Scope	Tiling works; replacing defective toilet closets and basins and installing additional WC cubical.
Project cost	RM49,150.00

BEFORE



AFTER



BEFORE



AFTER



Beneficiary School	SK ST. ALBAN, Kuching (150 students)
Issues identified	Broken plastic door frames rendering malfunction of toilets
Project Objective	To repair and upgrade the door frame quality in ensuring its durability
Work Duration	23 rd – 24 th February 2019
Work Scope	Replacing all plastic door frames with good quality hardwood type (Selangau Batu); replacing 2 water cisterns with ceramic cisterns, and repairing the faulty lightings.
Project cost	RM2,840.00

Rebuilding of 9 students' toilet cubicals at SK Bedup, Serian

We are grateful to LDS Charities, the humanitarian arm of Church of Jesus Christ of Latter-Day Saints for funding the construction works of this Project.

Beneficiary School	SK BEDUP, Serian (180 students)
Issues identified	Unsafe, poor condition & unsanitary toilet facilities; insufficient toilets for use due to closure of those dysfunctional ones since 2018.
Project Objective	To rebuild new toilets and provide safe and sanitary environment for students while meeting their needs at peak hours.
Work Duration	18 th May – 16 th June 2019
Work Scope	Rebuild & replace with new 9 cubical student toilets which has 2 shower rooms that can serve the school in a longer term
Project cost	RM50,250.00

It was a collaborative effort by many; including local kampung residents and students' parents, who provided labor to demolish the old building and dispose of the discarded materials. The handover ceremony held on 27 June 2019 was witnessed by DG Henry Tan together with the Elder and sister Jackson from LDS. Other representatives from LDS as well as members from RCKC were also present at the ceremony to show support.

BEFORE



AFTER





FOOD DISTRIBUTION TO HARDCORE POOR FAMILIES

During the Rotary year 2018-2019, a few rounds of food distribution were carried out with a total of 33 households directly benefiting from this meaningful service, which provides immediate aid to the poor and needy. These households are from the different villages in Kuching and Tapah area, namely Kg Sg. Langsat, Menjau, Simpok, Peraya, Belimbang and many more.

The food parcels handed out to each poor and needy family comprised daily essential items such as sugar, cooking oil, biscuits, bee hoon, milk powder, T-shirts, bedsheets, rice, white salt and chocolate malt. Collectively, more than RM3,200 worth of food was distributed, which is approximately RM100 per family.

Selective highlights:

On the morning of 15 March 2019, 10 members and friends who volunteered marched on in high spirits to deliver boxes of dry foods to the urban poor around Petra Jaya area in Kuching. We set off in 4 vehicles from our meeting base at Best Motors Corporation Sdn Bhd at Jalan Semariang, Petra Jaya. Despite having limited time, they managed to cover 9 households on that particular day.

Again, on 30 March 2019, volunteer Rotarians gathered at the Toyota showroom in Petra Jaya as the meeting point before heading to the destinations and handing out the dry foods to the identified deserving families. This time round we only visited 6 households as more time was spent on communicating with the family members for better understanding of their respective needs and situation. Indeed, many of us failed to realize that amidst this fairly well-developed City of Kuching today, there remain pockets of people who live in hardship under dilapidated makeshift houses.



34th Installation Dinner For Rotary Year 2019-20
Rotary Club of Kuching Central

CHARITY SALES (2018 – 2019)

RCKC participated in four (4) charity sales events helping to raise funds for the needy. The RCKC stall was a big hit amongst patrons – thanks to the Team's ingenious marketing tactics. All in all we managed to raise **RM7,205** during Rotary year 2018-2019. This gesture on our part signifies our perpetual commitment in supporting charity events and promoting teamwork amongst our RCKC members at the same time.

WISHESLAND CHARITY SALES 2018

Date: 20th November 2018
Venue: MBKS
Sales: **RM1,548.00**



THE SALVATION ARMY – "SALE OF WORK"

Date: 31st August 2018
Venue: Association of Church,
Ecumenical Centre Jalan Stampin
Sales: **RM2,466.00**



PERKATA - OPEN DAY SALES 2019

Date: 28th April 2019
Venue: PERKATA, Jalan Ong Tiang Swee
Sales: **RM1,509.00**



KUCHING AUTISTIC ASSOCIATION (KAA) FOOD FAIR

Date: 29th July 2018
Venue: Association of Church,
Ecumenical Centre Jalan Stampin
Sales: **RM1,682.00**



Rotary Club of Kuching Central 34th Installation Dinner For Rotary Year 2019-20



PAN BORNEO PROJECT 2018 ROTARY BENCHES AT KUCHING WATERFRONT

Our Pan Borneo 2018 community service project focuses on simplicity, functionality and enhancing Rotary public image and awareness to all walks of life.

This project saw the successful installation of thirteen (13) robust, durable and elegantly designed benches along the prominent Kuching Waterfront situated in the "Heart of Kuching Historic & Tourist District" which has very high pedestrian traffic to locals and tourists.

The benches are made of old recycled "Belian" timber which is well-known as Sarawak Ironwood. With all metal elements galvanized and epoxy coated in matt black; stainless steel nuts; concrete casted legs and polished to a fine finish, we would expect these benches to last for at least 15 to 20 years. Each bench costs about RM3300.

With the consent of DBKU (the Council of Kuching City North) and the Kuching Waterfront management to proceed with this project, we worked and liaised closely with them in placing our benches in noticeable and appropriate locations along the waterfront.

Our sincere thanks to all the twenty-seven (27) participating Rotary clubs for their generous contribution of RM1000 each towards this perennial Pan Borneo Project 2018. We are also grateful to District Governor's Club and three (3) other RCKC members for sponsoring one bench each, making a total of 13 benches. A nice brass plaque bearing the donors' names was fixed onto each bench as a gesture of tribute towards their contribution.

Together, we shared the joyous ceremony held on 4th November 2018, handing over Rotary Club's benches to the Waterfront Management. We are happy that this unique project serves its designated purposes to our community while creating awareness for Rotary at the same time.



DISTRIBUTION OF SOLAR LIGHTING KITS (2018-2019)

This is part of the joint projects with RC Kluang, RC Kelana Jaya and RC Penang where Matching Grant amounting to USD48,000 was approved for the installation of solar electricity system in a few long houses with ad hoc distribution of solar lighting kits over a few years.

The latter distribution were mainly for the simple standalone solar lighting units for various households in rural areas in Pakan, Sarikei region and also Telang Usan area in Baram. The team led by President Jong did a good job to complete the distribution for the year as planned.



CHAIRS DONATION TO SK ST. TERESA, SERIAN

RCKC delivered 100 plastic chairs to SK St Teresa at Serian Division and during fellowship time, the club also distributed biscuits (sponsored by Khong Guan) to the students. A great effort initiated by project chair, PP Louis Yong.





BOOKS OF HOPE 2.0

The main objective of the Books of Hope 2.0 project was to encourage rural primary school students to develop their English skills and to read more. For the second year of the Books of Hope project, which was initiated by the Rotaract Club of Swinburne Sarawak as a joint project in 2017-18, the project expanded to include more project partners. With RCKC, RAC Swinburne, Interact Club of Bukit Gombak Eagles and their sponsor club RC Singapore as the main project partners, this year saw the addition of RAC Sunway University of District 3300, as well as the support of the various Interact clubs under the avenue of RCKC.

From the 3 schools which benefited from the first Books of Hope project, an additional 2 schools in Serian (about 1 hour away from Kuching) were identified to be in need of reading materials to support the efforts of the teachers and students. A total of approximately **2500 books** were contributed to Ayer Manis School and SK Tarat, in addition to a stationery kit each for the 434 primary school students of both schools.

The 5 project partners worked together to acquire suitable books through book donation drives and fund-raising efforts. After coordinating the various logistics between Kuching, Kuala Lumpur and Singapore, official handovers were carried out with representatives of all 5 project partners in attendance. As part of the handovers, the youth clubs led groups of the primary school students in various games and activities to show that English could be fun and interesting, and to promote literacy. Although they were only able to spend a limited time with the primary schoolchildren, the youth representatives were inspired to start planning another literacy project in the next year to focus and further expand on the interaction and teaching of English skills through non-classroom based activities.



WORKSHOP ON "EARLY INTERVENTION ON AUTISM"

Date: 10th November 2018

Venue: KAA Centre, Kuching

RCKC hosted a one-day practical workshop to benefit 40 teachers, primary caregivers and parents at the **Kuching Autistic Association (KAA) centres** on November 10th, 2018. The topics covered were: Enhancing awareness, understanding & skills on Autism, Parent/Teacher support collaboration, Autism & The Brain, etc. Among those attended were PP K.Henry, Chairman of District Action Group on Autism (DAGA) from District 3300, RCKC President Jong, and Dato' Dr Yao Sik Chi, President of KAA.



TALK ON RABIES

During the 7th weekly meeting, PP Dr. Samuel was invited as the speaker of the day to educate the members & guests on the basic understanding of Rabies, and how to prevent the spread of Rabies. The District Interact Chair, Rtn James Lee was also present for the talk.



KNOWLEDGE ABOUT WISHESLAND ORGANIZATION

Guests from Wishesland charity organization shared with RCKC members about their organization during RCKC's 11th weekly meeting.



TALK ON MOTOR INSURANCE

VP Wong Chen Yi organized for speakers from AXA Insurance to give members more insights on new developments in motor insurance.



VOCATIONAL VISIT TO BIODIVERSITY CENTRE

Vocational Chair Rtn Alan Poh arranged a visit to the Biodiversity Centre on 27th October 2018.





YOUTH LEADERSHIP TRAINING 2018-2019

Date: 18th August 2018

Venue: Swinburne University of Technology (Sarawak Campus)

RCKC provides leadership training for the youth and empowering them with critical thinking so that they are able to face the world with confidence, and is committed in helping the young generation progress through Youth Leadership Training.

RCKC conducted this Youth Leadership Training for the 2nd consecutive year. All the Interact and Rotaract Clubs of Kuching were invited to participate in this training. It was our privilege to have District Rotaract Chair PP Li Guang Sheng and Deputy District Youth Chair PP Jona Pang as our main speakers.

The attendance of more than 100 participants, comprising Interactors, Rotaractors, teacher advisers, Rotary Club Presidents, Youth Chairs and Rotarians has made this training a successful and fruitful event. The training benefited the participants substantially not only through sharing of knowledge and experiences but also the practical workshops, especially for the youth to learn about effective ways to lead their respective clubs and possible means to achieve the RI citations.



THE 4TH REGIONAL IQUIZ SARAWAK 2018

Date: 4 August 2018

Venue: Black Box, Borneo 744, Kuching

The 4th Regional IQUIZ for Sarawak was organized by RCKC, and jointly carried out smoothly with RC Bandar Sunway. Overwhelming response was received this year with the registration of 90 teams from Interact Clubs in Kuching and Bintulu. With every team comprising of 3 Interactors, there were a total of 270 Interactors who participated in this iQuiz. Each team answered questions encompassing general knowledge, maths, science, vocabulary as well as Interact and Rotary knowledge, and more.

Apart from the IQUIZ participants, there were approximately 15 teacher advisers, 20 Rotarians and many other interested audiences present at this spectacular youth event.

From the Preliminary round of 30 questions, only the top six teams out of 90 qualified for the Final round. The team from Lodge International were announced as the Regional Champions and were rewarded with a trip to represent Sarawak at the National Championship at Sunway on 1st September 2018, accompanied by a supervising teacher. All top 6 teams at the National Championship were granted with partial to full scholarships to Sunway College.

SMK St. Thomas was also named as 1st Runner Up and SMK Bandar Bintulu the 2nd Runner Up at the Sarawak level. There was an interval session open to all Interactors present to win individual prizes.





ROTARY YOUTH LEADERSHIP AWARD ("RYLA") 2018

Date: 7th – 9th December 2018 (3 days 2 nights)

Venue: SMK DPHA Gapor, Kuching, Sarawak

Form of Event: Youth Camp

RYLA RYLA is an intensive training program for young adults aged 14 to 19. It is implemented through a 3 Days 2 Nights' Youth Camp held at SMK DPHA Gapor. RYLA is organized mainly for those young adults with potential leadership skill and commitment in community service.

The program is designed to help discover their talents and develop the required skills to be a leader in their community, daily life and future career.



RYLA 2018 aims to achieve the following objectives:

- Develop their leadership skills, self-discipline characters and team building capability
- Gain exposure to youth-related issues
- Meet senior Rotarians and learn about Rotary's work
- Future career development and mentoring opportunities

With the hard works and commitment from the RCKC organizing committee led by organizing chair, Rtn Roland Phang, RYLA 2018 was implemented successfully with 39 participants, and involvement of 17 facilitators (Rotarians) and 6 trainers.

The youth were very much enlightened by the seminars delivered during the camp entitled "Basic Financial Planning", "DNA of a competent speaker" and "Healthy Relationship & Assertive Communication", and were given immediate opportunity to relay the lessons learned through the team building games and workshops.

It was an enjoyable and fun-filled event. All the participants were impacted positively in one way or another through the various programs, seminars and purposeful activities carried out at the youth camp, such as:

- Cultivated their knowledge in financial planning, problem solving, public speaking and communication skills through various seminars & workshops
- Develop their leadership skills, characters and team building capacities through group activities
- Foster better understanding among the participants through team building activities
- Improve their self-confidence and self-discipline

We are confident that this youth camp has successfully groomed 39 potential youths in exhibiting their leadership skill. They all brought back not only the valuable knowledge inputs but also a memorable experience at the camp.





THE 4TH JOINT INTERACT INSTALLATION

The 4th Joint Interact Installation was held on the 16th September 2018 at UCSI Hotel. The installation was graced by the District Interact Chair, Rtn James Lee as the Guest of Honour. The five (5) Interact Clubs under the care of RCKC had a successful 2017-2018 "Making a Difference" Year and the outgoing Board of Directors were presented with certificates of appreciation. The 5 interact clubs under the care of RCKC are:

- Interact club of SM Sains Kuching
- Interact Club of SMK Bandar Kuching No.1
- Interact club of SMJK Kuching High
- Interact Club of SMK DPHA Gapor
- Interact Club of St. Joseph Private



17TH INSTALLATION OF ROTARACT SWINBURNE UNIVERSITY SARAWAK

RCKC attended Rotaract Club of Swinburne University Sarawak 17th Installation to show support. Congratulations to President Nouman and his BOD.



34th Installation Dinner For Rotary Year 2019-20



RCKC MEETING WITH YOUTH CLUBS (2019)

During RCKC 31st Weekly Meeting, youth clubs representatives were invited to report their yearly activity. We are happy and proud to see that it has been a fruitful 'Be the Inspiration' year for the Interactors and Rotaractors.



ROTARACT CLUB OF SWINBURNE SARAWAK

For Books of Hope 2.0, the club collaborated with several other partners to collect 2500 books to donate to 2 rural primary schools in Serian in order to promote literacy and the English language. Each student also received a stationery kit. This project won 2 Rotary District Awards as well as the Silver for Best Community Service Project at the Rotaract District Awards.



As part of their Professional Development programme, the club conducted a self-defense class with the help of professional trainers from Rebel Fitness Studio. The 1 hour self-defense class allowed members to experience and learn easy and practical techniques focusing on the upper body. The trainers taught them how to prevent and deal with various attacks based on realistic situations.

The Fellowship BBQ brought the members together through a fun evening. The club also introduced polio and Rotary's efforts to the newer members. At the same time, the club raised some funds that were donated to End Polio Now.



ROTARACT CLUB OF SEGI SARAWAK

The Rotaract Club of SEGi Sarawak raised RM500 for the Save Our Strays Kuching (SOS) through a fund-raising drive on campus.



The club assisted in the organizing of the Boulevard Charity Music Therapy Workshop together with Boulevard Shopping Mall and Maestro Music School. This project was awarded the Bronze for Best Community Service Project at the Rotaract District Awards 2018-19.

Several members of the club served as flag bearers for the Official Opening Ceremony of the Pan Borneo 2018.



INTERACT CLUB OF SMJK KUCHING HIGH



INTERACT CLUB OF SM SAINS KUCHING



INTERACT CLUB OF SMK BANDAR KUCHING NO. 1

The Interactors at SMK Bandar Kuching No.1 Initiated a 'Gift of Love' project assisting the needy and the less fortunate students by providing biscuits as breakfast before their daily lessons start.



The club participated in the Stimulating School Hip (High Immersive Program) Jam on Jazz. They learned more about the local music scene from local band Swaiv.

The members worked together to create an Interact Garden to provide a calm and beautiful area for their fellow students.



INTERACT CLUB OF SMK DPHA GAPOR

A career talk about eye care and veterinary was organised to create awareness to the community about our eyes and also the veterinary profession. The speakers were PP Chai Ko Jee and PP Dr. Samuel Kiyui. This career talk was attended by 114 Interactors, 6 Rotarians, 5 parents and 6 Teacher advisors from the various clubs in Kuching.



The club collaborated with the 39th scouts to do good in the Kampung Gitang and Kampung Giam Baru areas. Among the many things they did were to clean the housing areas, lay gravel paths and aided the mentally ill. They also gave out food and clean water to those in need.

A reading programme was completed at Badul Homestay, Bau where Interactors guided the local residents on reading story books and playing games together. The club also donated story books and bought chocolates and stationaries for the children.



INTERACT CLUB OF ST. JOSEPH'S PRIVATE SCHOOL

In conjunction with Global Youth Service Day, the club collected bags of rice which they then donated to the Sarawak Society for the Prevention of Cruelty to Animals (SSPCA).



The club organized a sale for Valentine's Day. Besides raising funds, it was also a good opportunity for the newer members to take on leadership and committee roles.

A general overview of polio and Rotary's End Polio Now efforts were briefly explained at one of the club's meetings to raise awareness and understanding among the members.



SISTER CLUBS

Sister Club Renewal Agreement between RCKC and RC Tanjung Bungah was signed at the Rotary House Penang on the 28th April 2019. The signing ceremony was witnessed by RIPR PDG Sam Showket Hossain from RC Dhaka Central RID3281, DG Baskaran Gobala Krishnan, DG Henry Tan and their members.



RCKC President Jong and First Lady Hui Na attended RC Queenstown's Installation Dinner on 1st July 2018 in Singapore.



The signing ceremony to renew the Sister Clubs Agreement between President Jong of RCKC and President Jeyan Nadarajah of RC Queenstown was held on 6th July 2018.



RC Taipei Golden Eagles's 17th Anniversary Celebration Dinner cum Trip to Shanghai & HangZhou from 16-30 March 2019. Apart from sharing the joyous celebration with this sister club, RCKC members & spouses had an enjoyable and memorable trip too!

RCKC members and spouses attending RC Singapore's 84th Installation Dinner on 1st July 2018 in Singapore.

